Around The Horn Plan
Tuesday, August 16, 2011



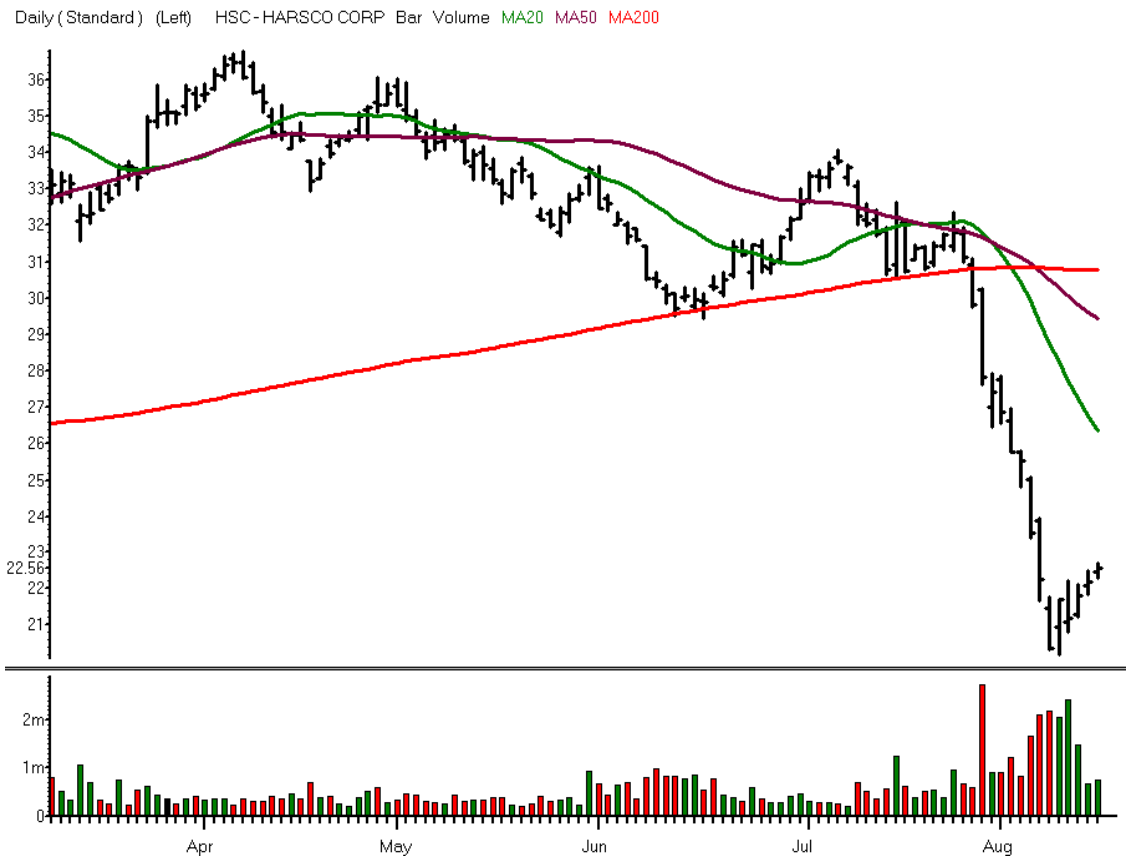
Symbol	DLB	Sector Symbol	$XIT.X
Description	DOLBY LABORATORIES INC		
Pattern	Switch Hitter	Electronic Components	
Position	Short	Resistance 2	33.90
Entry	32.53	Resistance 1	33.42
Stop	32.94	Pivot	33.03
Initial Target	32.02	Support 1	32.55
Ratio	1.26	Support 2	32.16
50% To Target	32.28		

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Symbol	HON	Sector Symbol	$DFX.X
Description	HONEYWELL INTL INC		
Pattern	Switch Hitter	Aerospace & Defense	
Position	Short	Resistance 2	48.26
Entry	46.74	Resistance 1	47.75
Stop	47.14	Pivot	47.29
Initial Target	46.26	Support 1	46.78
Ratio	1.20	Support 2	46.32
50% To Target	46.50		

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Symbol	HSC	Sector Symbol	$DJI
Description	HARSCO CORP		
Pattern	Switch Hitter	Industrial Machinery	
Position	Short	Resistance 2	22.91
Entry	22.19	Resistance 1	22.74
Stop	22.50	Pivot	22.51
Initial Target	21.78	Support 1	22.34
Ratio	1.32	Support 2	22.11
50% To Target	21.99		

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Symbol	MAN	Sector Symbol	$DJI
Description	MANPOWERGROUP INC		
Pattern	Switch Hitter	Human Resource & Employment Services	
Position	Short	Resistance 2	42.89
Entry	41.46	Resistance 1	42.39
Stop	41.90	Pivot	41.97
Initial Target	40.95	Support 1	41.47
Ratio	1.16	Support 2	41.05
50% To Target	41.21		

Stocks To Watch

Tuesday, August 16, 2011



ALLEGHENY TECHNOLOGIES INC

Symbol		**ATI**
Pattern		Switch Hitter
Position		Short
Entry		48.47
Stop	?	
Initial Target		48.09
50% To Target		48.28
Resistance 2		**50.21**
Resistance 1		**49.74**
Pivot		**49.16**
Support 1		**48.69**
Support 2		**48.11**
Sector		Steel
Sector Symbol		$IXB.X



AVERY DENNISON CORP

Symbol		**AVY**
Pattern		Switch Hitter
Position		Short
Entry		27.20
Stop	?	
Initial Target		26.83
50% To Target		27.02
Resistance 2		**28.01**
Resistance 1		**27.83**
Pivot		**27.57**
Support 1		**27.39**
Support 2		**27.13**
Sector		Office Services & Supplies
Sector Symbol		$DJI



COOPER INDUSTRIES PLC

Symbol		**CBE**
Pattern		Switch Hitter
Position		Short
Entry		49.20
Stop	?	
Initial Target		48.81
50% To Target		49.01
Resistance 2		**50.56**
Resistance 1		**50.05**
Pivot		**49.67**
Support 1		**49.16**
Support 2		**48.78**
Sector		Electrical Components & Equipment
Sector Symbol		$DJI

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Stocks And Sectors On The Radar

Tuesday, August 16, 2011



AUTOLIV INC

Symbol	ALV
Sector	Auto Parts & Equipment
Sector Symbol	$IXY.X
Pattern	Switch Hitter
Position	Short
Entry	55.52
Target	55.17
R2	57.96
R1	57.07
Pivot	56.34
S1	55.45
S2	54.72
50% To Target	55.35



BRIGGS & STRATTON CORP

Symbol	BGG
Sector	Industrial Machinery
Sector Symbol	$DJI
Pattern	Switch Hitter
Position	Short
Entry	14.38
Target	14.02
R2	15.16
R1	14.93
Pivot	14.71
S1	14.48
S2	14.26
50% To Target	14.20

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Stocks And Sectors On The Radar

Tuesday, August 16, 2011



DILLARDS INC CL A

Symbol	DDS
Sector	Department Stores
Sector Symbol	$RLX.X
Pattern	Double Header
Position	Long
Entry	45.00
Target	45.27
R2	47.16
R1	45.93
Pivot	43.66
S1	42.43
S2	40.16
50% To Target	45.14



GRAFTECH INTL LTD

Symbol	GTI
Sector	Electrical Components & Equipment
Sector Symbol	$XIT.X
Pattern	Switch Hitter
Position	Short
Entry	15.18
Target	14.85
R2	15.91
R1	15.73
Pivot	15.50
S1	15.32
S2	15.09
50% To Target	15.02

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Stocks And Sectors On The Radar

Tuesday, August 16, 2011



WASTE MGMT INC DEL

Symbol	WM
Sector	Environmental & Facilities Services
Sector Symbol	$DJI
Pattern	Switch Hitter
Position	Short
Entry	30.76
Target	30.40
R2	**31.64**
R1	**31.31**
Pivot	**31.08**
S1	**30.75**
S2	**30.52**
50% To Target	30.58

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Trade Date 16-Aug-11 **Tuesday**

Around The Horn

Symbol	Setup	Entry	Direction	Stop	50%	Target	Sector Symbol
DLB	Switch Hitter	32.53	Short	32.94	32.28	32.02	$XIT.X
HON	Switch Hitter	46.74	Short	47.14	46.50	46.26	$DFX.X
HSC	Switch Hitter	22.19	Short	22.50	21.99	21.78	$DJI
MAN	Switch Hitter	41.46	Short	41.90	41.21	40.95	$DJI

Stocks To Watch

Symbol	Setup	Entry	Direction	Stop	50%	Target	Sector Symbol
ATI	Switch Hitter	48.47	Short		48.28	48.09	$IXB.X
AVY	Switch Hitter	27.20	Short		27.02	26.83	$DJI
CBE	Switch Hitter	49.20	Short		49.01	48.81	$DJI

Stocks And Sectors On The Radar

Symbol	Setup	Entry	Direction	Stop	50%	Target	Sector Symbol
ALV	Switch Hitter	55.52	Short	SCALP	55.35	55.17	$IXY.X
BGG	Switch Hitter	14.38	Short	SCALP	14.20	14.02	$DJI
DDS	Double Header	45.00	Long	SCALP	45.14	45.27	$RLX.X
GTI	Switch Hitter	15.18	Short	SCALP	15.02	14.85	$XIT.X
WM	Switch Hitter	30.76	Short	SCALP	30.58	30.40	$DJI

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Around the Horn:
The Rule Book

Just as the Around the Horn trading plan developed for our personal use, these rules also evolved to maximize our own trading profits, minimize risk and still allow the trades room to breathe. When we compute the monthly results, we use these rules to calculate the plan's efficacy. Individual trade results may exceed or fall short of the monthly results (for example, more or less favorable fills or missing a trade), but these rules allow comparison of results over time and a measure for one's own trading performance using pre-established criteria. While these guidelines will always have an exception to the rule (e.g. stopping out of a trade that later becomes profitable) over time, they serve us well more often than not.

Entries:

1. The entry price (or entry tick within the allowable slippage or gap) has to ***print on the NYSE***. That is, a stock that ticks the entry price on the NAS on or before the open does not count as a legitimate entry as the tick must originate on NYSE;
2. For ***Gaps*** and ***allowable slippage,*** profit target is the key. Your entry slippage should not be more than 25% of the total amount you expect to make and for planned trades should never be more than 20 cents total. Thus, if your profit target is a 40 cent gain, then allow for 10 cents of slippage. If the profit target is over a dollar, then 20 cents of slippage is reasonable. If you enter a trade beyond this level, then mentally shift gears and treat the trade as an intraday play or scalp trade, not as a planned trade;
3. ***No new entries*** after 12:20 PST/3:20 EST (40 minutes to close).

Stop Protocol:

Once you enter a trade at the stated entry price or within the acceptable 10 cent slip level there are several criteria we use to protect ourselves from losses, as well as protect profits, while still allowing some room for volatility. During the trading day, I like to think of these as hurdles, moving from one to the next as the trade progresses.

Hurdle 1: After entering the trade at the stated entry price, watch to see if the trade goes 10 cents in your favor FROM THE STATED ENTRY PRICE, NOT YOUR FILL PRICE. If it does not go 10 cents in the trade's favor from the entry price before it goes 10 cents against the trade, exit the trade 10 cents against your trade and watch for another entry opportunity.

Issues: This strategy has protected us against what I call getting "tagged-in" only to head straight to the stop-loss. To execute this strategy, a trader needs to be comfortable paying the extra commissions if the trade comes back to your entry. Also, another entry here does not count as a "second" entry. If you are uncomfortable with this strategy, don't use it and use the stop level as your exit.

Hurdle 2: Once the trade is in your favor 10 cents beyond the entry price, keep the stop loss at the stated stop loss until the trade hits the 50% to Target level.

Hurdle 3: At the 50% to Target level, move the Stop Loss from the stated stop loss to a breakeven level at the STATED ENTRY PRICE, NOT YOUR FILL PRICE.

Hurdle 4: Once the trade ticks within 10 cents to the stated Initial Profit Target, move the stop to a Profit Stop at the 50% to Initial Profit Target level.

Hurdle 5: Once the trade hits the Initial Profit Target, determine if the trade is zooming past your price (in other words, it would be a struggle to exit the trade at that price as it is trading so strongly in your favor it has already surpassed the Initial Profit Target before you can get your order in). If this happy situation is occurring, stay in and trail with a profit stop, initially at the Profit Target.

If the trade is not this strong (as occurs much more often), exit the trade at the Initial Profit Target. Some traders choose to exit only half or some other percentage at this level and then trail a profit stop initially at the 50% to Target level, then later the Initial Profit Target, then by some other method as the trade gets progressively further from this level (reversal of two closes, violation of the 8 period simple moving average, support/resistance, etc.).

Note: These are the rules we use to calculate the monthly performance. As trader's you may find some other variation useful. For instance, for the 10 cent "tagged in" rule when a trade has not gone more than 10 cents in your favor before reversing, some traders prefer not to exit at 10 cents against you in favor of a wider exit at a 50% to stop loss level, giving the stock a little more room to breathe. Another example some traders employ is to take a percentage of profits at the 50% to Target level, another percentage at the initial profit target, and the final if it travels further, with protective stops for each of these levels as the trade progresses.

It is important to understand how we are trading and the rules we are using. It is also important that trading rules suit your psychology. If you have questions or thoughts please don't hesitate to contact me at: Julie@TraderInsight.com

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