

Around The Horn Plan

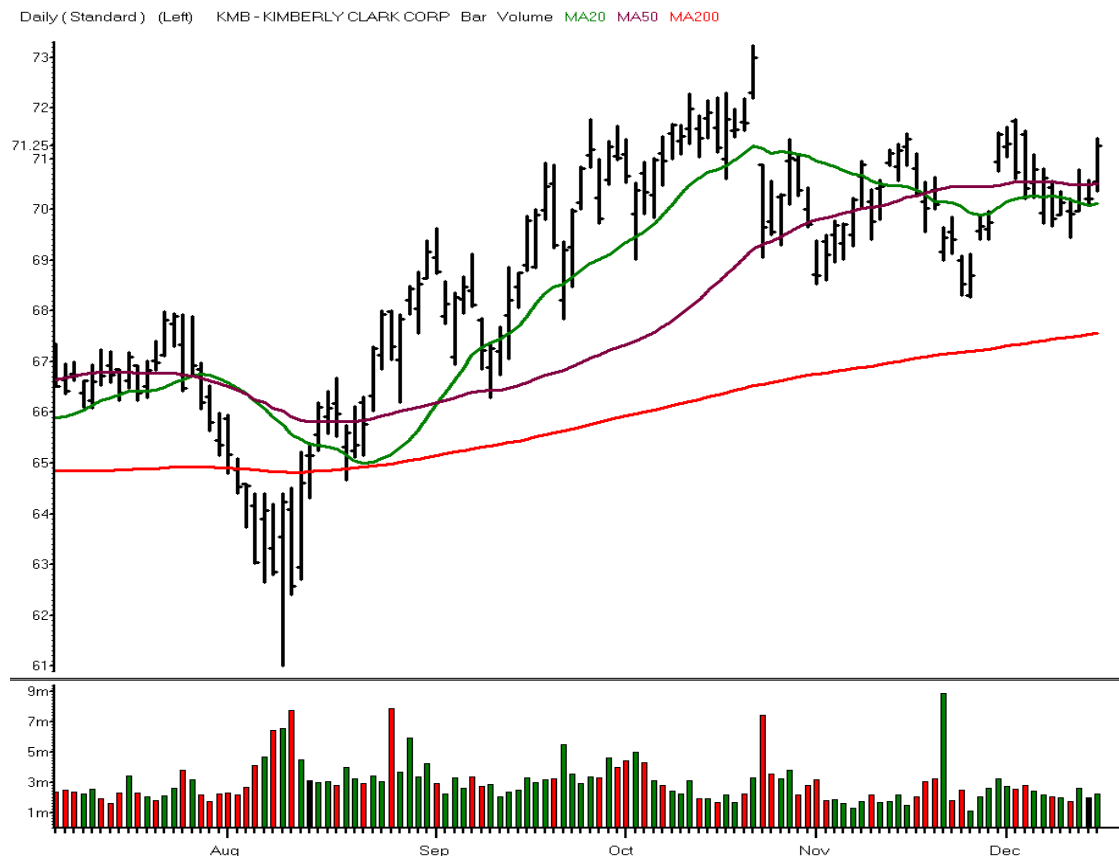
Friday, December 16, 2011



Symbol	DPZ	Sector Symbol	\$IXY.X
Description	DOMINOS PIZZA INC		
Pattern	Switch Hitter	Restaurants	
Position	Long	Resistance 2	34.06
Entry	33.73	Resistance 1	33.74
Stop	33.27	Pivot	33.31
Initial Target	34.23	Support 1	32.99
Ratio	1.09	Support 2	32.56
50% To Target	33.98		

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Symbol	KMB	Sector Symbol	\$CMR.X
Description	KIMBERLY CLARK CORP		
Pattern	Line Drive	Household Products	
Position	Long	Resistance 2	72.05
Entry	71.50	Resistance 1	71.65
Stop	71.28	Pivot	71.00
Initial Target	71.77	Support 1	70.60
Ratio	1.23	Support 2	69.95
50% To Target	71.64		

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Symbol	LLY	Sector Symbol	\$DRG.X
Description	LILLY ELI & CO		
Pattern	Sinker	Pharmaceuticals	

Position	Short
* Entry	41.12
*Only after an attempted breakout of 41.37 reverses and trades lower through the entry price.	
Stop	41.47
Initial Target	40.75
Ratio	1.06

Resistance 2	42.01
Resistance 1	41.61
Pivot	40.98
Support 1	40.58
Support 2	39.95

50% To Target	40.94
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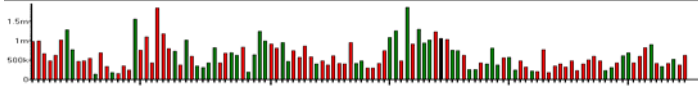
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Symbol	ZMH	Sector Symbol	\$HCX.X
Description	ZIMMER HLDGS INC		
Pattern	Switch Hitter	Health Care Equipment	
Position	Short	Resistance 2	48.82
Entry	47.50	Resistance 1	48.28
Stop	47.98	Pivot	47.94
Initial Target	46.96	Support 1	47.40
Ratio	1.13	Support 2	47.06
50% To Target	47.23		

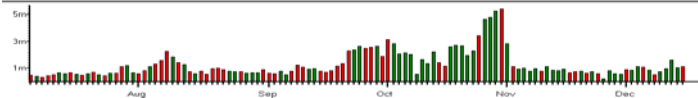
Stocks To Watch

Friday, December 16, 2011



COMPANHIA BRASILEIRA DE DISTRB SPN ADR PFD CL

Symbol	CBD
Pattern	Fast Ball
Position	Short
Entry	34.39
Stop	?
Initial Target	33.97
50% To Target	34.18
Resistance 2	37.61
Resistance 1	36.16
Pivot	35.33
Support 1	33.88
Support 2	33.05
Sector	Hypermarkets & Super Centers
Sector Symbol	\$RLX.X



CANADIAN PAC RY LTD

Symbol	CP
Pattern	Fast Ball
Position	Short
Entry	61.43
Stop	?
Initial Target	61.06
50% To Target	61.25
Resistance 2	64.73
Resistance 1	63.19
Pivot	62.36
Support 1	60.82
Support 2	59.99
Sector	Railroads
Sector Symbol	\$DJT.X



PLAINS EXPL& PROD TN CO

Symbol	PXP
Pattern	Backdoor Slider
Position	Short
Entry	31.13
Stop	?
Initial Target	30.69
50% To Target	30.91
Resistance 2	32.52
Resistance 1	32.04
Pivot	31.64
Support 1	31.16
Support 2	30.76
Sector	Exploration & Production
Sector Symbol	\$XOI.X

Stocks And Sectors On The Radar

Friday, December 16, 2011



Symbol COF
Sector Consumer Finance
Sector Symbol \$IXF.X
Pattern Fast Ball
Position Short
Entry 42.72
Target 42.42

R2 45.98
R1 44.51
Pivot 43.67
S1 42.20
S2 41.36

50% To Target 42.57

CAPITAL ONE FINL CORP



Symbol IVN
Sector Diversified Metals & Mining
Sector Symbol \$XAU.S
Pattern Backdoor Slider
Position Short
Entry 15.76
Target 15.40

R2 16.94
R1 16.55
Pivot 16.20
S1 15.81
S2 15.46

50% To Target 15.58

IVANHOE MINES LTD



Stocks And Sectors On The Radar

Friday, December 16, 2011



PALL CORP

Symbol	PLL
Sector	Industrial Machinery
Sector Symbol	\$DJI
Pattern	Infield Fly
Position	Short
Entry	55.62
Target	55.29
R2	57.74
R1	56.82
Pivot	56.27
S1	55.35
S2	54.80

50% To Target 55.46



XL GROUP PLC

Symbol	XL
Sector	Property & Casualty Insurance
Sector Symbol	\$XAU.X
Pattern	Switch Hitter
Position	Short
Entry	19.59
Target	19.37
R2	20.16
R1	19.98
Pivot	19.83
S1	19.65
S2	19.50

50% To Target 19.48

Trade Date

16-Dec-11

Friday

Around The Horn

Symbol	Setup	Entry	Direction	Stop	50%	Target	Sector Symbol
DPZ	Switch Hitter	33.73	Long	33.27	33.98	34.23	\$IXY.X
KMB	Line Drive	71.50	Long	71.28	71.64	71.77	\$CMR.X
LLY	Sinker	41.12	Short	41.47	40.94	40.75	\$DRG.X
ZMH	Switch Hitter	47.50	Short	47.98	47.23	46.96	\$HCX.X

Stocks To Watch

Symbol	Setup	Entry	Direction	Stop	50%	Target	Sector Symbol
CBD	Fast Ball	34.39	Short		34.18	33.97	\$RLX.X
CP	Fast Ball	61.43	Short		61.25	61.06	\$DJT.X
PXP	Backdoor Slider	31.13	Short		30.91	30.69	\$XOI.X

Stocks And Sectors On The Radar

Symbol	Setup	Entry	Direction	Stop	50%	Target	Sector Symbol
COF	Fast Ball	42.72	Short	SCALP	42.57	42.42	\$IXF.X
IVN	Backdoor Slider	15.76	Short	SCALP	15.58	15.40	\$XAU.S
PLL	Infield Fly	55.62	Short	SCALP	55.46	55.29	\$DJI
XL	Switch Hitter	19.59	Short	SCALP	19.48	19.37	\$XAU.X

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KMB	Line Drive	71.5	Long	71.28	71.635	71.77	\$CMR.X
LLY	Sinker	41.12	Short	41.47	40.935	40.75	\$DRG.X
ZMH	Switch Hitter	47.5	Short	47.98	47.23	46.96	\$HCX.X

Stocks To Watch

Symbol	Setup	Entry	Direction	Stop	50%	Target	Sector Symbol
CBD	Fast Ball	34.39	Short		34.18	33.97	\$RLX.X
CP	Fast Ball	61.43	Short		61.245	61.06	\$DJT.X
PXP	Backdoor Slider	31.13	Short		30.91	30.69	\$XOI.X

Stocks And Sectors On The Radar

Symbol	Setup	Entry	Direction	Stop	50%	Target	Sector Symbol
COF	Fast Ball	42.72	Short	SCALP	42.57	42.42	\$IXF.X
IVN	Backdoor Slider	15.76	Short	SCALP	15.58	15.4	\$XAU.S
PLL	Infield Fly	55.62	Short	SCALP	55.455	55.29	\$DJI
XL	Switch Hitter	19.59	Short	SCALP	19.48	19.37	\$XAU.X

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Around the Horn: The Rule Book

Just as the Around the Horn trading plan developed for our personal use, these rules also evolved to maximize our own trading profits, minimize risk and still allow the trades room to breathe. When we compute the monthly results, we use these rules to calculate the plan's efficacy. Individual trade results may exceed or fall short of the monthly results (for example, more or less favorable fills or missing a trade), but these rules allow comparison of results over time and a measure for one's own trading performance using pre-established criteria. While these guidelines will always have an exception to the rule (e.g. stopping out of a trade that later becomes profitable) over time, they serve us well more often than not.

Entries:

1. The entry price (or entry tick within the allowable slippage or gap) has to **print on the NYSE**. That is, a stock that ticks the entry price on the NAS on or before the open does not count as a legitimate entry as the tick must originate on NYSE;
2. For **Gaps** and **allowable slippage**, profit target is the key. Your entry slippage should not be more than 25% of the total amount you expect to make and for planned trades should never be more than 20 cents total. Thus, if your profit target is a 40 cent gain, then allow for 10 cents of slippage. If the profit target is over a dollar, then 20 cents of slippage is reasonable. If you enter a trade beyond this level, then mentally shift gears and treat the trade as an intraday play or scalp trade, not as a planned trade;
3. **No new entries** after 12:20 PST/3:20 EST (40 minutes to close).

Stop Protocol:

Once you enter a trade at the stated entry price or within the acceptable 10 cent slip level there are several criteria we use to protect ourselves from losses, as well as protect profits, while still allowing some room for volatility. During the trading day, I like to think of these as hurdles, moving from one to the next as the trade progresses.

Hurdle 1: After entering the trade at the stated entry price, watch to see if the trade goes 10 cents in your favor FROM THE STATED ENTRY PRICE, NOT YOUR FILL PRICE. If it does not go 10 cents in the trade's favor from the entry price before it goes 10 cents against the trade, exit the trade 10 cents against your trade and watch for another entry opportunity.

Issues: This strategy has protected us against what I call getting "tagged-in" only to head straight to the stop-loss. To execute this strategy, a trader needs to be comfortable paying the extra commissions if the trade comes back to your entry. Also, another entry here does not count as a "second" entry. If you are uncomfortable with this strategy, don't use it and use the stop level as your exit.

Hurdle 2: Once the trade is in your favor 10 cents beyond the entry price, keep the stop loss at the stated stop loss until the trade hits the 50% to Target level.

Hurdle 3: At the 50% to Target level, move the Stop Loss from the stated stop loss to a breakeven level at the STATED ENTRY PRICE, NOT YOUR FILL PRICE.

Hurdle 4: Once the trade ticks within 10 cents to the stated Initial Profit Target, move the stop to a Profit Stop at the 50% to Initial Profit Target level.

Hurdle 5: Once the trade hits the Initial Profit Target, determine if the trade is zooming past your price (in other words, it would be a struggle to exit the trade at that price as it is trading so strongly in your favor it has already surpassed the Initial Profit Target before you can get your order in). If this happy situation is occurring, stay in and trail with a profit stop, initially at the Profit Target.

If the trade is not this strong (as occurs much more often), exit the trade at the Initial Profit Target. Some traders choose to exit only half or some other percentage at this level and then trail a profit stop initially at the 50% to Target level, then later the Initial Profit Target, then by some other method as the trade gets progressively further from this level (reversal of two closes, violation of the 8 period simple moving average, support/resistance, etc.).

Note: These are the rules we use to calculate the monthly performance. As trader's you may find some other variation useful. For instance, for the 10 cent "tagged in" rule when a trade has not gone more than 10 cents in your favor before reversing, some traders prefer not to exit at 10 cents against you in favor of a wider exit at a 50% to stop loss level, giving the stock a little more room to breathe. Another example some traders employ is to take a percentage of profits at the 50% to Target level, another percentage at the initial profit target, and the final if it travels further, with protective stops for each of these levels as the trade progresses.

It is important to understand how we are trading and the rules we are using. It is also important that trading rules suit your psychology. If you have questions or thoughts please don't hesitate to contact me at: Julie@TraderInsight.com

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